

November 2017

Did you know?

Did you know that the noise from a washing machine is more than twice the decibels of a whisper? That may sound alarming but actually your hearing health is not in danger. Yet driving in city traffic is not just a potential auto hazard--your hearing health has moved to the caution zone. Live concerts, an ambulance siren or a jet engine taking off are dangerous and will cause hearing loss with repeated exposure.

CaptionCall understands there are many levels of hearing loss. That's why in addition to amplification, written captions of what callers are saying are essential to confident communication. With the CaptionCall service, you get captioning that's easy and secure.



CaptionCall Blog Highlights!

Healthy Snacks For Older Adults

Fact or fiction – Healthy eating can help your hearing? Fact! A healthy diet helps blood flow and strengthens the brain, both of which help to keep your hearing healthy.





People are talking.

Immensely helpful for me being a Cochlear implantee. After years of avoiding phone calls like the plague, it opened up communications for me. Only wish I had one when I was employed. Would have greatly improved my work time life.

Michael

I could not live without my phone. It makes talking on the phone a pleasant experience for me as I can now read what the other person is saying to me.

Shirley

It is free and it's a great thing to have if you need help hearing. It's so nice not to miss any of a conversation.

Pauline

I have had mine for over a month and I feel connected with callers on the telephone for the first time in years, I am grateful to those who made this possible and urge all who are hard of hearing or deaf to get one.

Jim



We are "hear" for you.

Captioning service is available 24 hours a day, 7 days a week.

To contact CaptionCall Customer Support...

By phone—Call **1-877-557-2227** or use the "CaptionCall Support" contact on your CaptionCall phone.

By email—Email **support@CaptionCall.com** or click on the "Customer Support" button below.

Support hours:

Monday–Friday, 7 a.m. to 8 p.m. MT Saturday–Sunday, 8 a.m. to 5 p.m. MT

Let us know how much you love CaptionCall or why the phone is important to you at cmarketing@captioncall.com. You could be featured in a future newsletter!

Tell your friends!

We hope you love CaptionCall enough to recommend us to your friends and family so they can also get more from their telephone conversations. Your friends who have difficulty hearing on the phone can start the process of receiving CaptionCall at www.CaptionCall.com or by calling 1-877-557-2227.

Tell them to use promo code: CCNEWS

Living with hearing loss.

Preparing for the Holidays – Part I

Preparing for the holidays requires extra planning when you're living with hearing loss or simply protecting your hearing. Whether traveling or staying home there are things to consider.

Traveling:

- Headed for the tropics? You're bound to go swimming so don't forget to pack those ear plugs to avoid painful 'swimmer's ear' caused by trapped water in the ear.



- "Ear problems are the most common medical complaint of airplane travelers" according to the American Academy of Otolaryngology-Head and Neck Surgery, "...they may result in temporary pain and hearing loss." Consult your physician about the best way for you to keep the Eustachian tubes open (chewing gum, sucking on hard candies, decongestants, nasal spray, etc.)

- New environments and foods can cause allergies which in turn cause fullness in the ear. Sneezing, itching and congestion increase mucus production which can cause conductive hearing loss. Allergies may contribute to hearing loss for people who have Meniere's disease.

Have a tip about living with hearing loss? Send it to us at ccmarketing@captioncall.com. It could be featured in a future newsletter!